



ASTON TOWNSHIP
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FREE

TOWNSHIP TIMES

Pride in our Community

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Now Accepting Aston Citizen of the Year Nominations

Do you know someone extraordinary here in Aston? Do you know anyone that has done something great for the township in the past year? If so, Aston Township is now accepting nominations for Aston's 2016 Outstanding Citizen Award.

You can find the application at <http://astontownship.net/community-news/aston-township-citizen-of-the-year-nomination/>. Visit the website to nominate the resident you think deserves this award. All applications must be turned in by Thursday, September 1 and nominees must be Aston citizens.



Boy Scouts to Hold Fifteenth Anniversary September 11 Ceremony

The Boy Scouts and the Girl Scouts of Aston Township would like to cordially invite the local residents to our Patriot Day Ceremony on Sunday, September 11 at 3 p.m. at the Aston Veterans Memorial at Concord and Pennell Road at Five Points. If it rains that day, it will be held at the Aston Community Center located at 3270 Concord Road.

For more information, please contact Barry Pinkowicz at 610-714-1598.

Community Day Set for October 1



The 15th Annual Community Day will be held on Saturday, October 1 from 11 a.m.- 3 p.m. at the Aston Community Center. (Rain date: Saturday, October 8 from 11 a.m. - 3 p.m.)

Community Day was started as a means of bringing the community together. Over the years the event has grown larger

and larger. By putting the Business Expo together with Community Day, along with a parade, it has given our residents, organizations and our businesses an exciting way to connect with one another in one place. There will be games, music, food, rides and much more.

With your help we can make this a great event. The day will begin with a parade starting at Neumann University (Neumann Drive) at 9:30 a.m. and conclude at the Community Center immediately followed by the Business Expo and Community Activities. We are asking all community businesses and organizations to help make this a wonderful event that will bring our community together and convey an awareness of the many business and organization opportunities in Aston. We would like to have the residents of Aston reconnect with one another with a day of food, rides, activities, contests and a lot of fun.

Wrist bands can be purchased in advance for a donation of \$3 each at the Community Center, beginning September 1 through Friday, September 30. Wristbands purchased during the day of the event will be \$4 each. Proof of Aston residency is needed at the time of purchase.

Throughout the day, we plan to have a number of different events, games and activities. If you would like to participate in Community Day Events, please contact Maryann Bullen at 610-494- 2337, e-mail mimibull@comcast.net Parade: Nancy Bowden at 610-494- 5490, e-mail nbowden@comcast.net.

Neumann President Dr. Rosalie Mirinda Announces Retirement

Dr. Rosalie M. Mirinda, Neumann University's longest-serving president, will retire on June 30, 2017. She became president in 1996 and is in her twenty-first year at the helm of the University.

During Dr. Mirinda's presidency, Neumann has grown from a commuter college of fewer than 900 students to a residential university of almost 3,000, annual and capital giving has increased, the campus has expanded from 14 to 68 acres, new academic programs have been added at the undergraduate, graduate, and doctoral levels, athletic teams have grown from 9 to 24, and state of the art residence halls were built to accommodate 700 students. She led the multi-year effort that culminated with Neumann achieving university status in April 2009.

"The Board is in the process of formalizing the search process to select Dr. Mirinda's successor," explained James Delaney, chair of the University Board of Trustees.

Friends of the Library Fall Bingo and Book Sale



Friends of the Aston Library are sponsoring two major fundraising events in September. Fall Bingo will be held at the Aston Community Center, 3270 Concord Road, Aston, PA, on September 24. Doors will open at 5:30 p.m. and Bingo will be from 7-9 p.m. This is an all cash prize event with plenty of delicious home baked goods, raffles and other food items available for sale. An exciting new game will be added this time and all proceeds will benefit the Aston Library.

The second event is a large book sale to be held in the Aston library, September 29-October 1. Sale will be from 10 a.m.-4 p.m. Items include paperbacks, hardbacks, romance novels, history and other specialty books. Logo T-shirts and backpacks will also be available. Proceeds will be used to benefit the library.

The Friends of the Aston Library has contributed over \$15,000 in 2016 to the library for various special projects, programs and book purchases. The organization is always looking for new members who are community oriented and are willing to give a few hours each month to fundraising projects. Contact the library for more information or go to their website www.astonlibrary.org.

Staying Aware of Prescription Drug Dangers

The Delaware County Heroin Task Force was formed in recognition of the toll of the heroin epidemic in the community in 2012 to address the public health concern. Task force goals include reduce the demand for heroin and illegally used prescription drugs; educate citizens about the resources available to prevent and treat addiction; and reduce drug-related crime in the community through public education and law enforcement.

Holcomb Behavioral Health Systems and affiliates are leaders in providing a comprehensive range of services and supports for people with mental health, substance abuse, intellectual and developmental disabilities and co-occurring disorders. Additionally, it provides an array of prevention and educational programs for youth, parents and adults to encourage healthy choices and lifestyles. "We run the PA Youth Survey every two years for 6, 8, 10, and 12 graders to keep an eye on trends," said Beth Mingey, Director. "We have noticed an opiate epidemic, with 10% of kids in the 12th grade have tried prescription narcotics to get high," she said.

In 2010, there were enough prescription pain killers for every adult to have a 30 day supply. Families don't think about what's in the medicine cabinet as being dangerous. Aston has a medicine drop box for unused or old medications in the Township Building. "I recommend locking them up in your home, or taking anything you don't want or expired to a medicine drop box," said Mingey.

"First time users are going into their own, or a friends medicine cabinet to get high. Delaware County has collected 8,000 lbs of pills in the past two years. It is important to remove the pills from your cabinets if they are old or expired," Mingey said.

For more information, call Holcomb at 484-444-0412 or visit holcombprevention.com.

Aston Lioness Designer

Bag Bingo Sept. 18

The Aston Lioness Club will hold a designer bag bingo on Sunday, September 18 at noon at the Aston Township Community Center. There will be 20 games of bingo and food and non-alcoholic beverages will be available. Proceeds benefit the Aston Township Lioness Club.

Advanced tickets are \$30 per person. To purchase contact Lovada Ott, 484-343-0034 or lavadaott@yahoo.com.

Sun Valley High School Fall Craft Fair Oct. 22

Mark your calendars for Saturday, October 22 from 9 a.m. - 3 p.m. for the Sun Valley High School Fall Craft Fair! This is a great event to do some holiday shopping and support our Parent Teacher League as well as local crafters and vendors. All profits go towards scholarships for our students as well as student events and donations.

There will be raffles and refreshments and admission is free. Enjoy a wide variety of crafts including fall and holiday treats, pottery, woodworking, country décor, glitter wine glasses, gift baskets, vinyl decorations, photography, personalized blankets, tutus, bows, doll clothes and various children's items, jewelry, salsa, baked goodies, candy and chocolates, and so much more!

Senior Citizens to Meet Sept. 22

Aston Senior Citizens meeting will be held on Thursday, September 22, 10:45 a.m., at the Aston Community Center, Aston. Membership is open to Penn-Delco residents (Aston, Parkside, Brookhaven.) Dues are \$10. You are welcome to come and join at our next meeting or contact Stanley Wileczek, 123 Edgar Avenue, Aston or call 610-494-5434.

To submit an item to the newsletter, e-mail newsletter@astontownship.net. Deadline for next issue is September 22.

Calling All Sun Valley Grads

Those Sun Valley years were filled with football games, cramming for exams, parties, and special friends. You've moved on, but continue to wonder, "Whatever happened to those people who made my high school years so special?" Well, a number of them have gotten together and are working hard to make the Sun Valley High School Alumni Association a reality. A website is under construction, and 501C3 certification is being finalized. So if you're an "SV GRAD", please join us.

For more information, contact us at, sunvalleypaalumni@gmail.com.

Greaseband to Perform at St. Joseph's Parish

Greaseband is coming to St. Joseph's Parish on October 15. The Greaseband is a seven member, nostalgic dance party band and concert attraction. The band features outstanding male and female lead vocals in a front trio, backed by a gifted group of instrumentalists. The highly entertaining and energetic delivery of some of the greatest songs ever written has kept the group on top for more than 30 years.

Doors open at 7 p.m. and the band starts playing at 8 p.m. The cover charge is \$20 per person and there will be a cash bar and bar food available for purchase. No outside food/beverages are permitted.

For reservations or more information, contact Joe Zack at 610-888-4767 or email jaz1030@aol.com.

Delaware County Sheriff's Reserve Unit Golf Tournament

The 2016 Delaware County Sheriff's Reserve Unit Golf Tournament will be held on Monday, September 12 with a shotgun start at 1 p.m.

The tournament will be held at the Concord Country Club and feature awards for the longest drive, closest to pin, and three top teams. The event starts off with a boxed lunch and din-

ner will be served immediately after the end of play. For more information, contact Jeff Stang at 302-750-9380 or Brad Feldman at 610-299-7834.

Stay Cool with the 2016 Heat Plan

With summer's heat upon us, Delaware County Council wants residents to know that the county's Heat Plan is in place. Both the Office of Services for the Aging (COSA) and Office of Adult Services offer assistance to elderly and vulnerable residents throughout the summer months.

COSA's Heat Plan includes a Heat Information Line, extended hours at Senior Centers, and educational information on heat safety tips, dehydration, and safe use of fans.

The Heat Information Line at (610) 872-1558 is a recorded 24-hour phone service that typically runs through Sept. 30, providing residents with heat advisory updates and information. People who need additional assistance can contact a COSA staff member by calling the Information and Assistance service at (610) 490-1300.

COSA has a limited number of fans available for senior residents in need of assistance.

Some tips for staying cool and healthy in the summer heat are:

- Drink plenty of liquids.
- Remain indoors in a cool place.
- Wear light-weight, light-colored loose-fitting clothing.
- Eat lightly and avoid heavy foods.
- Protect yourself with an umbrella, wide-brimmed hat, sunscreen and sunglasses.
- Splash yourself with cold water. Take frequent cool baths or showers.
- Find a buddy who will check in on you frequently during a heat wave.

Engraved Memorial Garden bricks make great birthday or remembrance gifts. Call Maryann Bullen at 610-494-2337.

September Public Meetings and Special Events

Fire Committee Meeting

7 p.m. Tuesday, September 6

Parks and Rec Committee Meeting

7 p.m. Wednesday, September 7

Public Works Committee Meeting

12:30 p.m. Tuesday, September 13

Board of Health Meeting

7 p.m. Tuesday, September 13

Work Session Meeting

2 p.m. Wednesday, September 14

Board of Commissioners Meeting

7 p.m. Wednesday, September 21

Ordinance Committee Meeting

2 p.m. Monday, September 26

Zoning Hearing Board Meeting

7 p.m. Tuesday, September 27

Planing Commission Meeting

7 p.m. Wednesday, September 28

Heat stress warning signs include: increased sweating; heat cramps; prickly heat; irritability; weakness and fatigue; loss of appetite; faintness; light headedness; nausea; unconscious or unresponsive; rapid heartbeat; throbbing headache; dry skin (no sweating); chest pains; mental confusion; irritability/combativeness; vomiting; difficulty breathing; and staggering.

If someone you know is experiencing serious symptoms, call 9-1-1 immediately.

Aston Township Offices and Public Works Department will be closed Monday, September 5. Monday's trash and recycling will be picked up on Tuesday, September 6.

Bingo on Sept. 24; Enter to Win Tailgate Basket

Saturday, September 24 from 7-9 p.m. the Friends of the Aston Public Library will present Fall Bingo. Doors open at 5:30 p.m. and admission is \$20. All prizes will be in cash. Food and refreshments will be sold as well as bingo supplies. There will also be special raffles. All proceeds benefit the library!

Come support the library and find a bargain at the Aston Library Book Sale!

Hours: Thursday, September 29 - Saturday October 1, 10 a.m.-4 p.m.

Most items \$2 or less and all proceeds benefit Friends of Aston Public Library!

Alzheimer's: The Facts will be presented by Visiting Angels at Aston Public Library on Monday, September 19 at 6:30 p.m. Visiting Angels will help you understand the basic facts about Alzheimer's disease-Warning signs -Symptoms -Statistics -How to Cope -and much more.. There will also be open time for questions and discussion.

On Tuesdays at 4:30 p.m., we have Kids' Lego Club . Your child can learn to build things using the library's Lego collection!

Wednesday September 21 at 6:30 p.m., Aston Public Library will be visited by the Wallaby Tales Traveling Zoo. They will present an educational, comical and entertaining program for kids of all ages. Come see at least 5 unusual animals and learn about their habitats and food sources. This is where animals, education, and fun collide!

You can now check out free library internet access and take it home! The Aston Public Library is offering 4G inter-

net hotspots for free checkout with your library card. Reserve yours by going to [http://www.tinyurl.com/aston4g16!](http://www.tinyurl.com/aston4g16)

Have you ever wanted to learn how to play Mahjongg? Now is your chance. Join Ms. Debbie Wednesdays at 11 a.m. or 6 p.m. (2 separate groups) to learn the Chinese game. It is a game of skill, strategy, and calculation and involves a degree of chance.

The Friends of the Library are raffling a great Tailgating Basket to enjoy or gift to a friend. The prize is a great assortment of sports and game-day items, including Eagles and Phillies gear. You can get one ticket for \$2, three for \$5, or seven for \$10. The prize will be drawn October 27.

Need help with an e-book reader, laptop or tablet computer? Stop by for our drop-in help time on Friday mornings. 10 a.m. for ebook readers and 11 a.m. for laptops and tablets.

Stop by Tuesdays at 11 a.m. to learn the art of Crochet with our diverse group with many levels of experience. Stop by Thursdays at 6 p.m. to participate in a wide variety of crafts.

More information and registration for all our programs is available via the Calendar at www.astonlibrary.org. You can now purchase Friends of the Library T-shirts and bags to show your support of the library. These are available at the service desk at the library.

Join the Friends of the Library. Go to www.astonlibrary.org and click on "Join Our Friends" to send in your information.

Fifteenth Annual Aston Business Association Golf Outing

The 15th Annual ABA Golf Outing will be held on Monday, September 26 at the Downingtown Country Club. The tournament was started to remember and commemorate the events of September 11th and to honor and acknowledge the local emergency response teams. All proceeds from the tournament are donated to the Aston Fire Company and the Aston Police Department. Registration and sponsorship opportunities are available now.

Registration and lunch open at 11 a.m. with a noon shotgun start. Cocktails and dinner will follow tournament play in the evening. There will be awards for the longest drive, closest to pin, and best foursome. Raffles, 50/50 drawing and door prize drawings will also be available.

Advertising sponsorships are available. For costs and more information, visit www.astontownship.net.



The 4G hotspot available for checkout!



The kids having fun with Silly Joe at his program this month



A crowd shot from the last Bingo game at the Library.

Stop by the Farmers Market Every Tuesday

Come out to the new Aston Township Farmers Market at the Valley View Shopping Center every Tuesday, from 3-7 p.m. through September.

The Farmers Market features fruit, vegetables, baked goods, BBQ and more!

Meals on Wheels Needs Your Help!

Aston Meals on Wheels needs your help for just an hour or two, twice a month to assist with delivery of meals to our home bound seniors in Aston and Brookhaven.

If you are interested in this worthy cause, please call Joan Hanlon at 610-485-2729.