NEEDED FOOD PANTRY ITEMS

Juices or Fruit Drinks
Instant Rice
Boxed Potatoes
Spaghetti and other Pastas
Spaghetti Sauce
Pork & Beans
Boxed Dinners - Hamburger Helper
Mac & Cheese
Canned or dry soup mixes
Tuna Fish

Tuna Fish Beef Stew

Boxed Cereal & Instant Oatmeal

Pancake Mix & Syrup

Diapers

Baby wipes

Shampoo / Conditioner

Condiments

Canned Vegetables

Canned Fruit

Toilet Paper

Shower Soap

All items can be dropped off at the Community Center during hours of operation.

NOTE:

We can not accept expired food.





Awareness is the first step to community participation. We currently have a Facebook page that we post monthly requests as well as up to date information. Please "like" our page and stay informed.

"Aston Township Neighbors Helping Neighbors"

Ways to Donate

Neighbors Helping Neighbors is <u>not</u> a non profit organization. It is operated by volunteers and neighbors who give their time to help others.

One of our amazing volunteer groups are shoppers who make their dollars stretch by using coupons. Their ability to get super deals is our gain because they donate their excess to the pantry. This has allowed us to build the pantry's inventory.

We also rely on <u>your</u> donations dropped off by those of you who watch the Facebook Page and then shop for the items we post. We are grateful for your community participation.

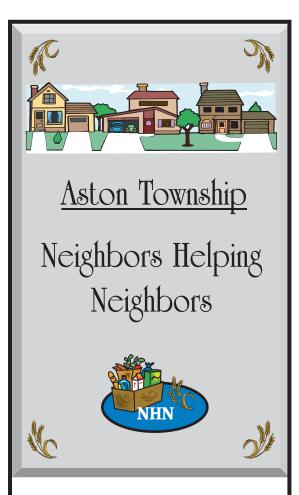
You can also donate gift cards from local businesses such as Giant, Shoprite, Walmart, Target, etc.

Last but not least, we also accept checks to help curb the cost of shopping for our families. Make your check out to "Aston Business Association". In the memo line, please write NHN and mail to:

NHN c/o Maggie Berry PO Box 2082 Aston, PA 19014

Founder: Commissioner Jim Stigale
Coordinator: Maggie Berry

phone: 610-459-2122 email: AstonNHN@aol.com



Aston Township outreach program whose mission is to help our neighbors in times of need throughout the year, with the help of community participation.

email: AstonNHN@aol.com



Who do we help?

Neighbors Helping Neighbors has been setup to give temporary relief to families in Aston Township that have little or no means of support. The families we currently help, have fallen on tough times and may be out of work due to injuries, or have lost their jobs due to downsizing, but are currently pursuing employment. Our goal is to help people during their time of job searching to minimize their stress.



WHAT SERVICES DO WE OFFER?

There are a number of different programs in place that can help during various times of the year.

Food Pantry- Monthly Food Distributions are given to families that qualify. There is an application & interview process that must be completed before distributions can begin. We determine need based on income, what assistance you may currently get, how many people are in the home, dependents, pets, etc.

All information shared with us remains strictly confidential and is not shared with anyone else. All applicants are given a number to protect their anonymity once they are approved. Each applicant is then reviewed every 6 months to determine if assistance should continue.

If you are receiving help from other food pantries in Aston, you are not eligible for help from NHN.

CON'T

The Holiday Toy Drive is conducted in the Fall with the help of many local businesses. Bins are placed in various locations including the Fire Houses. Township Building and Community Center. These toys are then distributed to Aston families with children. You must be an Aston resident to qualify.



In addition to the toy drive, we encourage local organizations & businesses to help by sponsoring families at Christmas time. If your business or organization would like to help, please contact us for more information.



Holiday Meals are provided for the families that receive assistance from the Food Pantry each month. prepared meal is purchased from Giant at Thanksgiving & Christmas time for each family and given to them courtesy of the Aston Business Association.



Did you know???

Each year, in the Fall, the ABA hosts a "Dine Out in Aston" event. Money raised from this event, funds the meals for our families. Businesses donate proceeds to benefit the Neighbors Helping Neighbors program.



$rac{\Psi}{}$ So, how do we do it?

We do it with the help of our community. Neighbors like you, who are committed to look after each other. We encourage local businesses, sports organizations. fire companies, veterans groups, Girl Scout & Boy Scout Troops, Pre-Schools as well as individuals to get involved, in hopes that it will build a stronger community. With their help, food drives, toy drives, hat & mitten trees and various fund raising programs have allowed us to help our neighbors. If your group would like to host a food drive, just let us know!



2014 CONTRIBUTORS

Aston Business Association

"Sons of the American Legion" -Post 926

We are grateful to these contributors for their support of the Food Pantry. Their generous donations have allowed us to provide perishables each month to the families we help. Without them, there would be no pantry. If you would like to become a contributor. please contact us for further information.

